

Webinars Schedule

Can't attend live? Catch up with a recording available for two weeks following the event. This webinar is open to parents and carers in the Herefordshire and Worcestershire area with an extended invite to professionals. Webinars start 10am and run between 1.5 and 2 hours.

**JAN
21**

Autism & Anxiety

What is Anxiety?, Autism & Anxiety, the circle of Anxiety and managing Anxiety

**JAN
28**

Autism & Communication

What is communication, Autism & communication differences and strategies that may help

**FEB
4**

Autism & Sensory differences

Autism and sensory differences, children's differences, addressing sensory differences, and useful resources

**FEB
11**

Autism and Behaviour

What behaviour is & why it may happen, ways we can analyse behaviour and develop emotional understanding

**FEB
18**

Navigating the system

Educational issues, online safety, employment and further education, disclosure and benefits

**FEB
25**

Autism and the Teenage Brain

How the brain changes, how growing up and Autism interact, how to support your teen and useful resources

**MAR
4**

Supporting your Autistic Teen

How to support your teen and resources.



For more information or to book a place:

Email - herefandworcs@autismwestmidlands.org.uk

Scan the above QR codes or visit the Autism West Midlands Events page on our website to sign up.